

New Hampshire Premium Assistance Program: Qualified Health Plans [QHP's] Effective January 1, 2018		
Ambetter from New Hampshire Healthy Families	Anthem Blue Cross Blue Shield	Harvard Pilgrim Health Care: ElevateHealth
Ambetter from NH Healthy Families offers My Health Pays – a benefit that provides cash benefits for completion of healthy behaviors; such as quitting smoking, going to the gym or losing weight. Members can earn up to \$250 annually.	Anthem's Enhanced Personal Health Care program helps your doctor understand your needs so you can get the appropriate care. You can earn \$50 for a wellness exam from your doctor or any ConvenientMD location.	HPHC is offering an Elevate Health plan that requires the member to pick a Primary Care Provider (PCP). If the member does not pick a PCP, one will be assigned. Most specialty care requires a referral from the PCP.
The Ambetter Balanced Care 8 network includes 28 NH hospitals plus additional hospitals in Massachusetts. Ambetter from NH Healthy Families Plans do not offer out-of-network coverage in New Hampshire. Always consider a provider's network status before utilizing their services. You can easily find out if your doctor is in the network by using the online Find a Provider tool at https://providersearch.ambetterhealth.com/	The Anthem Silver Pathway network includes 21 hospitals. Anthem's Find a Doctor Tool, available online at: www.anthem.com is updated daily and allows you to search for participating providers that are available for your plan and benefit type.	ElevateHealth is a limited network plan that includes 18 hospitals and offers coverage throughout most of New Hampshire, excluding Belknap and Carroll Counties.
Ambetter from NH Healthy Families enrollees can receive a 30 day supply of their medications at a local retail pharmacy or a 90 day supply through our Rx mail order program.	Condition Care: Anthem's case managers are available to help with any on-going or complex health problems, to help you manage your health, answer questions and provide emotional support services.	Members should always refer to the ElevateHealth online directory to identify whether their providers and facilities participate in the plan.
Ambetter from NH Healthy Families offers disease management programs for: <ul style="list-style-type: none"> • Asthma • Heart disease • Depression • Diabetes • Hyperlipidemia • High Blood Pressure • High Cholesterol • Low back pain • Pregnancy • Tobacco cessation • Telecare monitoring <p>In addition, we offer depression and perinatal depression disease management to provide telephonic outreach, education and support to members with these conditions.</p>	BlueCard: Members and their covered families can have emergency room coverage from coast to coast.	Harvard Pilgrim Health Care has partnered with NH hospitals and caregivers to form Benevera Health, a partnership created to enhance the health and health care of New Hampshire residents. The partners pool their expertise and resources to better coordinate patient care and work to increase participation in and the overall success of our care management and disease management programs.
Ambetter from NH Healthy Families provides a full range of levels of care to treat the behavioral health and substance use disorder needs of our members. Our behavioral health and substance use disorder offerings include, but are not limited to; inpatient hospitalization, residential treatment, partial hospitalization, intensive outpatient, outpatient counseling and medication management.	The following benefits are available for medically necessary mental health and substance abuse care for diagnosis, crisis intervention and treatment: inpatient services including psychotherapy, psychological testing, electroconvulsive therapy and detoxification in a hospital or any facility that we must cover per state law; outpatient services including office visits and treatment in an outpatient department of a hospital or outpatient facility such as partial hospitalization and intensive outpatient programs; residential treatment in a licensed residential treatment center. In addition, we continue to expand access for our members, including coverage of certain community support services in localities where a program's clinical supervision meets acceptable standards.	The following benefits are available for medically necessary mental health and substance abuse care for diagnosis, crisis intervention and treatment: <ul style="list-style-type: none"> • inpatient services including psychotherapy, • psychological testing • detoxification services • outpatient services including office visits and treatment in an outpatient department of a hospital or outpatient facility such as partial hospitalization • methadone maintenance • medication management
For members struggling with substance use disorder, we also cover residential detoxification and methadone treatment. Ambetter provides mental health and substance use disorder benefits without discriminating, but it is important to know that some of these services require prior authorization.		
We employ our Integrated Care Management model to align our care management staff. This allows for a single point of contact coordinating our medical and behavioral support teams while keeping the Primary Care Provider engaged throughout the care coordination process.		